





7TH **TURK/SHOPEN POOMSAE**

06 - 07 FEBRUARY 2020

WT-G1

ISTANBUL

7 th TURKISH OPEN POOMSAE

 Balgat Mahallesi Mevlana Bulvarı No: 139A-45 Balgat / 06520 Ankara-TURKEY Tel: +90 312 310 88 16 Fax: +90 312 310 90 42

 E-MAIL: taekwondo@sgm.gov.tr

 WEB: www.turkiyetaekwondofed.gov.tr











Dear Mr. President

On behalf of the Turkish Taekwondo Federation, I am proud to invite you and your athletes to participate in the Turkish Open Poomsae, which will be held in Istanbul, Turkey, 06 - 07 February 2020.

We quarantee high quality organization and competition – with the best international referees in order to quarantee maximum transparency, fairplay & impartiality for the athletes.

On behalf of the Organizing Committee, we would like to ensure that we will make every possible effort in Organizing Committee a successful tournament of the highest technical level.

I look forward to seeing you in Istanbul, Turkey

Yours faithfully

Dr. Metin ŞAHİN President Turkish Taekwondo Federation







ORGANIZATION

h Taekwondo Federation etin SAHIN
h Taekwondo Federation
312 310 88 16 / 0090 530 300 99 45 / 0090 530 575 27 00
facam@taekwondo.org.tr
www.turkiyetaekwondofed.gov.tr/

PLACE AND DATE

City	Istanbul
Date	06 – 07 Feb 2020
Venue	WOW Istanbul Convention Center
Adress	Yesilköy Mah Atatürk Cad 34149 No:15-17-19
	Bakirköy – Istanbul / TURKIYE

CONTESTANTS

Divisions

Recognized Poomsae

	Recognized Poomsae			
Individual				
	Cadet (male & female) 12 to 14 years old			
	Junior (male & female) 15 to 17 years old			
	Under 30 Division (male & female) under 30 years old 18 to 30 years old			
	Under 40 Division (male & female) under 40 years old 31 to 40 years old			
	Under 50 Division (male & female) under 50 years old 41 to 50 years old			
	Under 60 Division(male & female) under 60 years old 51 to 60 years old			
	Under 65 Division (male & female) under 65 years old 61 to 65 years old			
	Over 66 (male & female) 66 years old and over			
Pairs				
	Cadet Pair 12 to 14 years old			
	Junior Pair 15 to 17 years old			
	Pair 1 under 30 years old 18 to 30 years old			

Pair 2 over 30.(31 years old or over)







	Teams					
		Cadet Team (male & female) 12 to 14 years old				
		Cadet female team				
		Cadet male team				
		Junior Team (male & female) 15 to 17 years old junior female team junior male team				
		Team 1 (male & female) under 30 years old 18 to 30 years old				
		Team under 30 male				
		Team under 30 female				
		Team 2 (male & female) over 30 years old				
		Team over 30 male				
		Team over 30 female				
		Free Style				
	Individual					
		12-17 age individual male				
		12-17 age individual female				
		18 years old and over individual male				
		18 years old and over individual female				
	Pair					
		12-17 age Pair				
	_	18 year old over Pair				
	Mixed team					
Over 12 mixed team (2 male 3 female or 3 male 2 female)Total 5 person						
	Technical Breaking					
Jumping Multiple Kick (Age 15 and up) (male/female)						
		Spinning Kick (Age 15 and up) (male/female)				
		Free Style (Age 15 and up) (male/female)				
		High Kick Performance (Age 15 and up)(male/female)				
		Free Set Up Dynamic Kick & Breaking Challenge (male/female)				

Ages

JUNIORS: Year of Birth (2003- 2005) CADETS: Year of Birth (2006 - 2008)







RULES

- Method of Competiton: Competition will be in WT Rules. (in force as of May 14 ,2019) Competition method may be modified according to the numbers of participants in respective event.
- **WT Global Licence** All participants must have a valid 2020 WT Global Licence in order to participate at this event except breaking category.

NOTE: WT Global Licence is mandatory for all age categories except breaking category

Protective Equipment & Uniform

The participants shall wear the WT recognized Taekwondo Uniform.

REGISTRATION

Applications

To register and login to the service, please use this link:

https://worldtkd.simplycompete.com/

DEADLINE FOR APPLICATIONS: AT LATEST FEBRUARY 01, 2020 18:00 Istanbul time

Entries after deadline will not be accepted.

New Partner Invitation Function for Poomsae Event: WT GMS has implemented a new function for an individual member to invite partner (s) for Pairs and Teams Poomsae. During the registration for a poomsae event, there is a new button called "Invite/Add". Your partner will receive an email about the invitation, then he/she needs to accept the invitation by registering through GMS to 2020 Turkish Open (Poomsae). You can find detailed infographics on how the function works <u>https://www.dropbox.com/s/1rl2x8iji1qtea0/New%20Partner%20Invitation%20Function%20F</u> or%20Poomsae%20Events.pdf?dl=0.

IMPORTANT: If the athlete registered online does not take part in the competition for some reason, but he/she has not been removed from the list of participants before deadline (01 Feb 2020) his/her team officially must fully (%100) pay his/her entry fee for the participation



Entry Fee:





ADMISSION FEE (PER ATHLETE)

1 DISCIPLINE 2 DISCIPLINES 75,00 € 110,00 €

Important: According to recent WT Poomsae Competition Rules, contestant should choose maximum 2 categories both in Recognized and Free Style Poomsae (for example; 1 recognized and 1 free style or 2 recognized or 2 free style)

Entry Fee should be paid in cash during registration.

ADMISSION FEE FOR TECHNICAL BREAKING CATEGORY

1 discipline 50,00 € (25,00 € for adding each category)

Each category for all registered participants must be paid. No refunds! Changes of divisions after the deadline are allowed - Cost: 25€.

Head of Team Meeting & Drawing of Lots Session

The head of team meeting shall be conducted one (1) days prior to the start of the championships that is February 05, 2020, in the presence of OC the representatives of the participating nations.

Referees Only International Referees will be accepted. An official invitation for the referees will be sent to all Federations.

Classification of Results

Individual Awards Medals will be awarded to the top four athletes in the respective classifications and weight divisions of the pertinent championships:

- **1**st **PLACE:** GOLD MEDAL & CERTIFICATE
- 2nd PLACE: SILVER MEDAL & CERTIFICATE
- **3rd PLACE:** BRONZE MEDAL & CERTIFICATE
- **3rd PLACE:** BRONZE MEDAL & CERTIFICATE







INSURANCE ETC.

Insurance

- The organisation and supervisor assume no responsibility for teams, any damages, violence, loses and injures during the stay in Turkey.
- All contestants must bring their own documents and forms for any medical treatment in Turkey. If not, this will have to be paid cash.

Indemnities

The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective insurance coverage.

Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.

The Organizing Committee will acquire general insurance, at its own expenses, for all participants of the tournament, including but not limited to contestants and staffs, in the event of any injury and/or damages that may arise during the course of the championships.

Visa Information

You should apply https://www.evisa.gov.tr/en/ by online.

The visa recommendation letters will be automatically generated from WT GMS platform if the visa requested during the registration for the event. All the members who need entry visa to the Turkey must be registered in GMS. The deadline for a visa request in the GMS platform is January 10th, 2020.

<u>NOTE</u>

• Belt Requirements for Poomsae

1. Poom / Dan and above, it should be black belt

- Payment must be done per team or club
- Only WT approved equipment will be allowed to use in this tournament (even dobok etc.)
- Only competitors and coaches have admittance to the field of play.
- Coaching is only allowed in sportswear.
- All coaches must be 18 years or older.

First Aid will be provided by the organization and is only to be used in case of an emergency.



TURK/SHOPEN



	TIN	IETABLE (Subject to Change)	
Date	Time	Event	Place
February 5, 2020	09:00 - 18:00	Registration and Accreditation	WOW Istanbul
	18:00 - 19:00	Referee Meeting	Convention Center
February 6, 2020	09:00 - 19:00	Poomsae Competitions Individual Cadet Female Cadet Male Under 30 Male Under 30 Female Under 50 Male Under 50 Female Under 60 Female Under 65 Male Free Style Over 17 Male Pair Cadet Junior Over 30 Under 30 Free Style Over 17 Team Junior Female Junior Female Junior Female Junior Female Junior Female Junior Female Junior Kale Over 30 Male Team Over 30 Female Team Free Style Mix Team Breaking High Jump Kick Breaking Multiple Jumping Kick Breaking Dynamik Kick&Breaking	WOW Istanbul Convention Center
February 7, 2020	09:00 - 19:00	Poomsae Competitions Individual Junior Female Junior Male Under 40 Male Under 40 Female Over 65 Male Over 65 Female Under 60 Male Under 65 Female Under 65 Female Free Style Under 17 Male Free Style Under 17 Female Free Style Over 17 Female Free Style Pair Under 17 Team Cadet Female Team Under 30 Female Team Under 30 Male Team Breaking Spining Kick Breaking Free Set Up Breaking	WOW Istanbul Convention Center